

Supplementary Table 1. Primer and probe sequences used in this study

Target Gene	Primer / Probe Name	Sequence (5' to 3')^a	Amplicon Size, bp
<i>Ara h 1</i>	Forward Primer	<i>[Sequence, e.g., 5'-GCACCACAAGGATCATCAGA-3']</i>	<150
	Reverse Primer	<i>[Sequence, e.g., 5'-TGCAGCAGCCTTGACTTTAT-3']</i>	
	TaqMan Probe	<i>[Sequence, e.g., 5'-FAM-TCCTCGTCACTCTCGCCATCA-BHQ-1-3']</i>	
18S rRNA	Forward Primer	<i>[Sequence, e.g., 5'-IP-rRNA-F]</i>	<i>[Size, e.g., 100]</i>
	Reverse Primer	<i>[Sequence, e.g., 5'-IP-rRNA-R]</i>	
	TaqMan Probe	<i>[Sequence, e.g., 5'-HEX-IP-rRNA-P-BHQ-1-3']</i>	

BHQ-1: black hole quencher-1; bp: base pair; FAM: 6-carboxyfluorescein; HEX: hexachloro-fluorescein; rRNA: ribosomal RNA.