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# Association between Two Single Nucleotide Polymorphisms of Thymic Stromal Lymphopoietin (TSLP) Gene and Asthma in Iranian Population

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# BSTRACT

Thymic stromal lymphopoietin (TSLP) is a cytokine similar to IL-7, which is released by airway epithelial cells in response to injury and inflammation. Current literature is contradictory about the association between different single nucleotide polymorphisms (SNPs) of the *TSLP* gene and asthma development in different countries.

We aimed to evaluate the association between two common *TSLP* SNPs (rs2289276 and rs2289278) and the risk of asthma in the Iranian population. Genotyping of the *TSLP* gene was performed in 126 adult asthmatic patients and 300 controls; using the TaqMan genotyping assay. Moreover, total serum free level and eosinophil count were assessed.

The results indicated that the TT genotype of rs2289276 was inversely associated with the risk of asthma (p=0.002). A similar inverse association was detected in subgroups of atopic (p=0.001) and non-atopic (p=0.005) asthma. Moreover, the TT genotype of this SNP was more prevalent in severe and late-onset categories of asthma. In subgroup analysis, a significant sex-specific association between rs2290276 and asthma was observed in women (p=0.004). The prevalence of rs2289276 was extremely low, which made it infeasible to perform any further analysis.

Overall, our findings indicated that rs2290276 SNP of the *TSLP* gene has a protective phenotype against asthma development in the Iranian population.

Keywords: Asthma; Atopic; Single nucleotide polymorphism; Thymic stromal lymphopoietin

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#### **INTRODUCTION**

Asthma is one of the most common chronic respiratory diseases associated with the inflammation of airways. The interaction of genetic and environmental factors play a critical role in the pathogenesis of this complex disease.<sup>1</sup> It has been estimated that over 300 million people suffer from this chronic disorder and its prevalence is increasing in both developed and developing countries.<sup>2</sup>In Iran, the prevalence of asthma has increased from 5.1% to 8.9% from 2004 to 2018.<sup>3</sup> Economic burden, and increasing prevalence has urged researchers around the world to study the different aspects of this disease.

Bronchial epithelial cells release a variety of epithelium-derived cytokines in response to the damages caused by allergens. Thymic stromal lymphopoietin (TSLP) is one of these epithelial cytokines which is encoded by the *TSLP* gene located in 5q22.1 chromosome. TSLP is secreted by different cell types such as epithelial cells, mast cells, basophils, keratinocytes, and dendritic cells (DCs).<sup>4</sup> There are two possible contradictory functions for TSLP. It either acts as an inflammatory or homeostatic cytokine. These different functions are mediated by two distinct isoforms, which are produced as a result of activation of different promoter regions in the *TSLP* gene.<sup>5</sup>

In asthma, TSLP increases the inflammatory responses by binding to its specific receptor (TSLP receptor), which is expressed by cells of the innate immune system such as eosinophils.<sup>6</sup> Moreover, TSLP-activated DCs leads to proliferation and differentiation of naive T cells into T helper 2 (Th2) cells and eventually develop the general manifestations of asthma.<sup>7</sup> However, several studies have shown that certain single nucleotide polymorphisms (SNPs) in *TSLP* gene may result in lower risk and decreased severity of asthma.<sup>8-10</sup>

Given the paradoxical roles of TSLP, several studies have reported positive, negative, or null associations of *TSLP* gene polymorphisms and asthma disease.<sup>9-14</sup> Moreover, a recent study has reported an inverse sex-specific association between SNPs of *TSLP* and asthma in different populations.<sup>10</sup>

Considering the differences in the prevalence of polymorphisms among ethnic groups,<sup>15</sup> it is essential to conduct studies of gene polymorphisms in different races. Although a few studies have been conducted on

populations in the Middle East,<sup>8,9,14,16</sup> there are no studies on the associations of *TSLP* SNPs and asthma in the Iranian population. Moreover, it is shown that environmental factors are related to the development of asthma and could differ across different areas. Therefore, we designed a case-control study to evaluate the attribution of two SNPs (rs2289276 & rs2289278) of the TSLP gene and risk of asthma with adjusting for related environmental factors in the Iranian population.

# MATERIALS AND METHODS

Patients and Healthy Controls

We enrolled 130 adult asthmatic patients (18 to 64 years) with confirmed asthma diagnosis from Firoozabadi hospital of Tehran. Iran from 2018 to 2019. The control group included 300 individuals who had attended the hospital for regular check-ups with low IgE levels and no record of asthma or pulmonary diseases. Moreover, they were matched for sex and age with the cases to prevent confounding factors. Higher levels of total serum IgE (above 100 IU/mL), allergic symptoms, or chronic respiratory diseases were considered as exclusion criteria for the control group. This study has been approved by the ethics review committee of Iran University of medical sciences (approval ID: IR.IUMS.FMD.REC.1397.004).

All participants in this study have completed a questionnaire, which was adapted from the European community respiratory health survey,<sup>17</sup> Behavioral Risk Factor Surveillance System (BRFSS), and asthma survey adult questionnaire.<sup>18</sup> The job was categorized into low and high-risk groups based on Job Exposure Matrix (JEM).<sup>19</sup> We also categorized the study population based on the age of asthma onset. The onset of asthma at ages younger than 16 was defined as childhood-onset, and onset at ages of 16 or above was considered as later-onset asthma.<sup>20</sup>

### Allergy Testing and Spirometry

Total serum IgE levels were measured for both patients and the control group; using the ELISA kit (EUROIMMUN, Germany). Based on the upper limit of the normal range for total serum IgE (100 IU/mL as stated by the kit manufacturer) and skin prick test results, patients were classified into atopic (above 100 IU/mL and/or positive test) and non-atopic (below 100 IU/mL and/or negative test) groups. The inclusion

Skin prick test was performed for all patients based on the European standards<sup>21</sup> using common aeroallergens in Iran <sup>22</sup>, including *Russian thistle*, tree mix, grass mix, weed mix, mite mix, cockroach, Mugwort, and mold (Hollisterstier, LA, USA). After 15 minutes, the diameter of the wheal induced was measured and compared with positive (histamine 0.1%) and negative (glycerin) controls. Spirometry test was performed for all patients based on American Thoracic Society guidelines.<sup>23</sup> Afterward, patients were classified into 3 groups of mild, moderate, and severe asthma using GINA guidelines<sup>24</sup> and FEV<sub>1</sub> (Forced Expiratory Volume in the first second), FVC (forced volume vital capacity), FEV<sub>1</sub>/FVC data.

### **SNP** Genotyping

Peripheral blood was collected from the patient and control group in EDTA-containing tubes. Genomic DNA was extracted from whole blood; using the salting-out method.<sup>25</sup> DNA samples were diluted at the concentrations of 10 ng/µL for ideal genotyping results. SNP genotyping analysis for two SNPs (rs2289276 & rs2289278) was performed; using TaqMan SNP genotyping assay kit (Applied Biosystems. Foster City, CA, USA) and Qiagen Rotor-Gene Q system (Qiagen, Hilden, Germany).of the many single nucleotide polymorphisms in the TSLP gene,<sup>26</sup> there are 5 SNPs that are shown to have associations with asthma<sup>8-11,13,14,16</sup>. These two most commonly studied SNPs in asthma (rs2289276 & 2289278) were chosen to be assessed in our study to obtain statistically comparable results.

### **Statistical Analysis**

Associations between categorical parameters of interest were analyzed by chi-square or fisher's exact test. Independent T-test or its non-parametric counterpart, Mann-Whitney U test, were utilized for comparing numerical parameters between two subgroups of categorical parameters.

We used binary and multinomial logistic regressions to evaluate the adjusted correlation among *TSLP* polymorphisms and the risk of asthma. Covariates adjusted were job status (low or high risk), smoking status, type of delivery (vaginal or C-section), neonatal nutrition (breast milk or formula), attendance at kindergarten, and type of elementary school (public

or private school).

The genotype frequencies of each SNP were tested for concordance with Hardy-Weinberg equilibrium using Pearson's  $\chi$  2 test. Two-tailed *p*-value <0.05 was considered statisticallysignificant.The analysis was conducted using IBM SPSS advanced statistics (IBM Corp. Released 2016. IBM SPSS Statistics for Windows, Version 24.0. Armonk, NY: IBM Corp).

# RESULTS

### **Demographic Characteristics of Participants**

The demographic characteristics of all participants were described in table 1. In the patients' group, 4 of 130 cases were excluded from the study due to failure in DNA extraction. Finally, 126 patients and 300 healthy controls were included in the analysis. The mean  $(\pm SD)$  age of patients and healthy controls were 35.08 (±10.49) and 36.00 (±11.21), respectively (p=0.188). Two groups were matched for sex with the female gender frequency being 74.6% and 78.0% in patient and control groups, respectively (p=0.447). Two groups were significantly different in terms of job (*p*<0.001), smoking status status (*p*<0.001), kindergarten attendance (p=0.016), and types of elementary school (p=0.012).

Patients had expectedly higher IgE levels compared to the control group (p<0.001. Likewise, eosinophil count was significantly higher in patients (4.639±2.32% vs 1.216±0.61 %, p<0.001).

### Association of rs2289276 and rs2289278 in TSLP Gene with Risk of Asthma

Table 2 shows the results of univariate and multivariable models for the association between *TSLP* SNPs and asthma. There was a significant inverse association between the TT genotype of rs2289276 and the risk of asthma (OR=0.30, 95% CI=0.14-0.65, p=0.002). In contrast, we could not find any association between the GG genotype of rs2289278 and the risk of asthma. The GT genotype of this SNP did not show any significant association with the risk of asthma (OR=1.425, 95% CI=0.53-3.83, p=0.482).

We also conducted subgroup analysis to investigate associations of different SNP genotypes with the risk of asthma stratified by type (atopic and non-atopic) and severity of the disease (Tables 3 and 4).

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Characteristics		Asthmatics N=126	Control subjects N=300	р
Age (year)	Mean (±SD)	35.08 (±10.49)	36.00 (±11.21)	0.188 <sup>a</sup>
Sex	Female	94 (74.6)	234 (78.0)	0.447 <sup>b</sup>
	Male	32 (25.4)	66 (22.0)	
BMI index (kg/m <sup>2</sup> )	Mean (±SD)	25.92 (±3.902)	23.41 (±3.22)	0.190 <sup>a</sup>
Education level	Under diploma	44 (34.9)	89 (33.6)	0.097 <sup>b</sup>
	Diploma	55 (43.7)	93 (35.1)	
	Upper diploma	27 (21.4)	83 (31.3)	
Place of birth	City	93 (73.8)	176 (86.4)	0.140 <sup>b</sup>
	Country side	33 (26.2)	89 (33.6)	
Type of delivery	Vaginal delivery	105 (83.3)	225 (84.9)	0.689 <sup>b</sup>
	Caesarean delivery	21 (16.7)	40 (15.1)	
Neonatal nutrition	Breast milk	113 (89.7)	237 (89.4)	0.940 <sup>b</sup>
	Formula	13 (10.3)	28 (10.6)	
Kindergarten	No	112 (88.9)	209 (78.9)	0.016 <sup>b</sup>
	Yes	14 (11,1)	56 (21.1)	
Elementary school	Public school	124 (98.4)	239 (90.2)	0.012 <sup>b</sup>
	Private school	2 (1.6)	26 (9.8)	
Job	Low risk	85 (67.5)	262 (98.9)	<0.001 <sup>b</sup>
	High risk	41 (32.5)	3 (1.1)	
Smoking status	Smoker	11 (8.7)	7 (2.6)	<0.001 <sup>b</sup>
	Expose to smoke	57 (45.2)	42 (15.8)	
	None	58 (46.0)	216 (81.5)	
Serum IgE (IU/mL)	Mean(±SD)	166.15 (±148.72)	38.51 (±27.19)	<0.001°
Eos count (%)	Mean(±SD)	4.639 (±2.32)	1.216 (±0.61)	<0.001 <sup>a</sup>
FVC <sup>d</sup> (%)	Mean (min-max)	79.13 (36-156)	-	-
FEV1 <sup>e</sup> (%)	Mean (min-max)	72.55 (30-126)	-	-
FEV1/FVC (%)	Mean (min-max)	89.45 (56-124)	-	-
Skin prick test	Positive	64 (50.79)	-	-
	Negative	62 (49.20)	-	-

Table 1. Clinical and demographic characteristics of patients and control subjects

N, number; EOS, Eosinophil. Bold type indicates a significant association

<sup>a</sup> Independent t-test; <sup>b</sup> Pearson Chi-Square; <sup>c</sup> Nonparametric Tests (Mann-Whitney U Test); <sup>d</sup> Forced vital capacity; <sup>e</sup> Forced expiratory volume in 1 second. n (%) are given unless stated otherwise.

There was significant inverse association between TT genotype of rs2289276 in both atopic and non- atopic asthma (OR= 0.16, 95% CI= 0.05-0.49, p=0.001; and OR=0.25, 95% CI=0.09-0.65, p=0.005; respectively). We found similar results for the summation of CT and TT genotypes of rs2289276 SNP (OR=0.48, 95% CI=0.24-0.95, p=0.04 and OR=0.42, 95% CI=0.22-0.81, p=0.009).

Regarding asthma severity, the TT genotype of rs2289276 was inversely associated with the risk of mild and moderate asthma. However, rs2289278 did not show significant association in any of the subgroup analyses.

In subgroup analysis based on gender, rs2289276 was inversely associated with risk of asthma (OR=0.27, 95% CI=0.11-0.65, p=0.004), and high level of eosinophil count (OR=0.81, 95% CI=0.66-0.99, p=0.04) in women (Table 5). Inverse correlation was also observed between rs2289276 SNP and the risk of childhood (OR=0.20, 95% CI=0.06-0.70, p=0.011) and later-onset asthma (OR= 0.20, 95% CI= 0.08-0.53, p=0.001) (Table 6). We performed further analysis to investigate associations between skin prick test results and the SNP genotypes. However, no significant correlation was spotted (data not shown).

Table 2. Overall association between thymic stromal lymphopoietin (*TSLP*) single nucleotide polymorphisms and the risk of asthma in the Iranian population

		Population		χ2	Univariate an	alysis	Multivariable analysis*		
<i>TSLP</i> SNPs	Genotype & Alleles	Total=126 N (%)	Total=300 N (%)	-	OR (95% CI)	р	OR (95% CI)	р	
rs2289276	C/C <sup>a</sup>	47 (37.3)	88 (29.3)	3.79	1.00	-	1.00	-	
	C/T	59 (46.8)	133 (44.3)		0.83 (0.52-1.33)	0.437	0.696 (0.41-1.23)	0.209	
	T/T	20 (15.9)	79 (26.3)		0.47 (0.26-0.87)	0.016	0.300 (0.14-0.65)	0.002	
	C/T+T/T	79 (62.7)	212 (70.7)		0.70 (0.45-1.08)	0.108	0.547 (0.32-0.93)	0.027	
	$C^{a}$	153 (60.7)	309 (51.5)		1.00	-	-	-	
	Т	99 (39.3)	291 (48.5)		0.69	0.014	-	-	
					(0.51-0.93)				
rs2289278	C/C <sup>a</sup>	117 (92.9)	279 (93.0)	0.95	1.00	-	1.00	-	
	C/G	9 (7.1)	20 (6.7)		1.07 (.48-2.43)	0.865	1.425 (0.53-3.83)	0.482	
	G/G	0 (0.0)	1 (0.3)		0.00	1.00	0.00	1.00	
	C/G+G/G	9 (7.1)	21 (7.0)		0.98 (0.44-2.20)	0.958	1.36 (0.61-3.61)	0.541	
	$C^{a}$	243 (96.4)	578 (96.3)		1.00	-	-	-	
	G	9 (3.6)	22 (3.7)		0.97 (0.44-2.14)	0.946	-		

<sup>a</sup>, reference; OR, odds ratio; N, number; CI, confidence interval;

\* Multivariable analysis adjusted by job and smoking status, type of delivery, Neonatal nutrition, kindergarten, and elementary school. Bold type indicates statistically significant results

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			Population		Multivariable analysis*						
TSLP	Genotype	Control subjects	Atopic	Non- atopic	Atopic asth Contr	ima vs. ol	Non-atopic asthma vs. Control		Atopic vs. Non-atopic asthma		
SNPS		Total= 300 N (%)	1 otal= 64 N (%)	Total= 62 N (%)	OR (95%CI)	р	OR (95%CI)	р	OR (95% CI)	p	
rs22892 76	C/C <sup>a</sup>	88 (29.3)	22 (34.4)	25 (40.3)	1.00	-	1.00	-	1.00	-	
	C/T	133 (44.3)	34 (53.1)	25 (40.3)	0.69 (0.33- 1.41)	0.305	0.51 (0.25- 1.02)	0.058	0.72 (0.23-2.25)	0.566	
	T/T	79 (26.3)	8 (12.5)	12 (19.4)	0.16 (0.05- 0.49)	0.001	0.25 (0.09- 0.65)	0.005	1.37 (0.62-3.07)	0.439	
	C/T+T/T	212 (70.7)	42 (65.6)	37 (59.7)	0.48 (0.24- 0.95)	0.036	0.42 (0.22- 0.81)	0.009	1.19 (0.55-2.55)	0.661	
rs22892 78	C/C <sup>a</sup>	279 (93.0)	58 (90.6)	59 (95.2)	1.00	-	1.00	-	1.00	-	
	C/G	20 (6.7)	6 (9.4)	3 (4.8)	2.01 (0.61- 6.60)	0.252	0.81 (0.20- 3.29)	0.770	2.51 (0.57-11.10)	0.223	
	G/G	1 (0.3)	0 (0.0)	0 (0.0)	NS	-	NS	-	-	-	
	C/G+G/G	21 (7.0)	6 (9.4)	3 (4.8)	1.92 (0.59- 6.26)	0.280	0.77 (0.19- 3.11)	0.716	2.51 (0.57-11.10)	0.223	

Table 3. Association between thymic stromal lymphopoietin (TSLP) single nucleotide polymorphisms and the risk of atopic/non-atopic asthma in the Iranian population

<sup>a</sup>, reference; OR, odds ratio; N, number; CL confidence interval; NS; not significant data \* Multivariable analysis adjusted by job and smoking status, type of delivery, Neonatal nutrition, kindergatten, and elementary school. **Bold type** indicates statistically significant results



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	Population				_		Multi	variable analy	sis*		
TOLD						Mild asthma vs	. Control	Moderate vs	. Control	Severe vs. (	Control
ISLP SNPs	Control subjects total=300 N (%)	Mild Total=38 N (%)	Moderate Total=55 N (%)	Severe Total=33 N (%)		OR (95% CI)	р	OR (95% CI)	p	OR (95% CI)	р
rs2289276	C/C <sup>a</sup>	88	23	18	6	1.00	-	1.00	-	1.00	-
		(29.3)	(60.5)	(32.7)	(18.2)						
	C/T	133	12	27	20	0.30	0.003	0.87	0.708	1.72	0.360
		(44.3)	(31.6)	(49.1)	(60.6)	(0.13-0.65)		(0.41-1.83)		(0.54-5.47)	
	T/T	79	3	10	7	0.10	0.001	0.33	0.039	0.42	0.253
		(26.3)	(7.9)	(18.2)	(21.2)	(0.03-0.38)		(0.12-0.95)		(0.09-1.87)	
	C/T+T/T	212	15	37	27	0.22	< 0.001	0.67	0.271	1.17	0.781
_		(70.7)	(39.5)	(67.3)	(81.8)	(0.11-0.47)		(0.33-1.37)		(0.39-3.53)	
rs2289278	C/C <sup>a</sup>	279	37	51	29	1.00	-	1.00	-	1.00	-
		(93.0)	(97.4)	(92.7)	(87.9)						
	C/G	20	1	4	4	0.48	0.493	1.54	0.504	4.12	0.074
		(6.7)	(2.6)	(7.3)	(12.1)	(0.06-3.87)		(0.43-5.49)		(0.87-19.45)	
	G/G	1	0	0	0	NS	0.996	NS	0.996	-	0.997
		(0.3)	(0.0)	(0.0)	(0.0)						
	C/G+G/G	21	1	4	4	0.46	0.463	1.47	0.550	3.95	0.082
		(7.0)	(2.6)	(7.3)	(12.1)	(0.06 - 3.66)		(0.42 - 5.19)		(0.84-18.56)	

Table 4. Association between thymic stromal lymphopoietin (*TSLP*) single nucleotide polymorphisms and the risk of different severities of asthma in the Iranian population

<sup>a</sup>, reference; OR, odds ratio; N, number; CI, confidence interval; NS; not significant data \* Multivariable analysis adjusted by job and smoking status, type of delivery, Neonatal nutrition, kindergarten, and elementary school.

Bold type indicates statistically significant results

# Table 4. Continue

Population	Multivariable analysis*									
	Mild VS M	loderate	Mild vs.	Severe	Moderate vs. Severe					
	OR	р	OR	р	OR	р				
	(95% CI)		(95% CI)		(95% CI)					
TSLP SNPs	1.00	-	1.00	-	1.00	-				
	0.31	0.020	0.18	0.012	0.55	0.311				
	(0.12-0.83)		(0.05-0.69)		(0.17-1.76)					
	0.35	0.181	0.34	0.263	0.65	0.560				
	(0.07-1.63)		(0.05-2.25)		(0.15-2.78)					
	0.32	0.014	0.21	0.013	0.57	0.329				
	(0.13-0.79)		(0.06-0.72)		(0.19-1.76)					
rs2289278	1.00	-	1.00	-	1.00	-				
	0.33	0.338	0.07	0.043	0.41	0.262				
	(0.03-3.19)		(0.06-0.92)		(0.08-1.96)					
	-	-	-	-	-	-				
	0.33	0.338	0.07	0.043	0.41	0.262				
	(0.03-3.19)		(0.06-0.92)		(0.08-1.96)					

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	Рорг	ulation	Univariate :	analysis	*Multivariable analysis		
	Asthmatics	<b>Control subjects</b>					
rs2289270	Total=126	Total=300	OR (95% CI)	р	OR (95% CI)	р	
	N (%)	N (%)					
Female							
C/C <sup>a</sup>	39 (41.5)	71 (30.3)	1.00	-	1.00	-	
C/T	43 (45.7)	104 (44.4)	0.75 (0.44-1.28)	0.292	0.69 (0.38-1.27)	0.234	
T/T	12 (12.8)	59 (25.2)	0.37 (0.18-0.77)	0.008*	0.27 (0.11-0.65)	0.004	
Male							
C/C <sup>a</sup>	8 (25.0)	17 (25.8)	1.00	-	1.00	-	
C/T	16 (50.0)	29 (43.9)	1.17 (0.42-3.31)	0.76	0.53 (0.09-3.28)	0.497	
T/T	8 (25.0)	20 (30.3)	0.85 (0.26-2.75)	0.79	0.89 (0.13-5.93)	0.906	

Table 5. Sex-stratified association between thymic stromal lymphopoietin (TSLP) single nucleotide polymorphism	rs2289276
and the risk of asthma in the Iranian population	

<sup>a</sup>, reference; OR, odds ratio; N, number; CI, confidence interval; \* Multivariable analysis adjusted by job and smoking status, type of delivery, Neonatal nutrition, kindergarten, and elementary school.

Bold type indicates statistically significant results

Table 6. Association between thymic stromal lymphopoietin (*TSLP*) single nucleotide polymorphism rs2289276 and the risk of different types of asthma by the timing of onset in the Iranian population

			Population		*Multivariable analysis						
<i>TSLP</i> SNP	Genotype	Control Total=	Childhood- onset	Late- onset Total= 	Childhood-onset asthma vs. control		Late-onset asthma vs. control		Childhood-onset vs. Late-onset Asthma		
		300 N (%)	Total= 39 N (%)		OR (95% CI)	р	OR (95% CI)	р	OR (95% CI)	р	
	C/C <sup>a</sup>	88 (29.3)	14 (35.9)	33 (37.9)	1.00	-	1.00	-	1.00	-	
	С/Т	133 (44.3)	18 (46.2)	41 (47.1)	0.57 (0.24- 1.35)	0.198	0.60 (0.32- 1.12)	0.106	0.99 (0.41- 2.39)	0.986	
rs2289276	T/T	19 (26.3)	7 (17.9)	13 (14.9)	0.20 (0.06- 0.70)	0.011	0.20 (0.08- 0.53)	0.001	1.10 (0.33- 3.72)	0.875	
	C/T+T/T	212 (70.7)	25 (64.1)	54 (62.1)	0.43 (0.19- 0.99)	0.046	0.45 (0.25- 0.82)	0.009	1.02 (0.44- 2.34)	0.970	

<sup>a</sup>, reference; OR, odds ratio; N, number; CI, confidence interval; \*Multivariable analysis adjusted by job and smoking status, type of delivery, Neonatal nutrition, kindergarten, and elementary school.

Bold type indicates statistically significant results

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### DISCUSSION

In this research, we found a significant inverse association between rs2289276 and the risk of asthma. This protective association was more significant in the female gender. However, we failed to detect any association of SNP rs2289278 with asthma, due to the extremely low frequency of this SNP in the studied population.

Along with the genetic factors, we identified that there are also environmental factors such as attendance at kindergarten, types of elementary school, and the status of smoking and job status as important governing factors in susceptibility to asthma.

Our study demonstrated that the TT genotype of rs2289276 was 70% less prevalent in asthmatic patients compared to the control group. This inverse association has also been obtained by some of the studies conducted in other populations.9,10 However, some studies have reported contradictory results.<sup>11,13</sup> To justify the protective role of rs2289276 in asthma. Harada et al have proposed two possible mechanisms.<sup>11</sup>According to Harada et al, the affinity of activating enhancer-binding protein 2-alpha (AP-2a)to TSLP promoter is diminished when the T allele of rs2289276 is replaced with the C allele in the gene sequence. AP-2 $\alpha$  is a transcription factor, which activates the transcription of different inflammatoryassociated genes.<sup>27</sup> Another explanation refers to the two recently identified isoforms of TSLP. The short isoform of TSLP plays a homeostatic role by downregulating inflammatory mechanisms while the long isoform the opposite effects.<sup>5</sup> It seems that rs2289276 results in a decreased expression of long isoform TSLP; therefore, it eventually contributes to the protective phenotype. Considering these pieces of evidence, we assumed that the presence of the T allele in the promoter of the TSLP gene leads to a low level of TSLP gene expression, which might be the reason for the protective manner of this SNP.

This study also provides evidence for a high prevalence of rs2280276 SNP in non-atopic asthma. non-atopic asthma tends to be more severe than atopic asthma and may be less responsive to standard therapy.<sup>28</sup> This was supported in our analysis which demonstrated that the TT genotype of this SNP was more prevalent in severe and late-onset forms of the disease. This finding was not reported in previous

studies.

Although asthma is more prevalent in adult women, we have found that the TT genotype of SNP rs2280276 protects against asthma in the female population. This finding has been first reported by Hunninghake et al<sup>10</sup>. Considering the effect of estrogen on allergic inflammation through inducing the production of TSLP,<sup>29</sup> it can be concluded that the TT genotype of rs2289276 which is located in the promoter region, might decrease the transcriptional activity of TSLP gene in women. Moreover, we observed similar sexspecific associations in the blood eosinophil count. Since TSLP has a critical role in the activation of eosinophils,<sup>30</sup> the presence of rs2280276 in women's TSLP gene might reduce the total count of eosinophil cells with a consequent reduction in the pathological damages generated by these cells.<sup>6</sup>

The presence of nearly 10 million SNPs justifies the importance of studying the potential effects of SNPs on gene function and human health. Determining the frequency of effective SNPs in each population can be important in the management of corresponding diseases. As the first study in the Iranian population, we have found that the frequency of the GG genotype of SNPrs2289278 was extremely low (0% in the case and 0.3% in the control group). However, the frequency of this genotype has been reported to be 5.3% and 4.5% in the Chinese<sup>13</sup> and the Japanese <sup>11</sup> populations, respectively. This inconsistency can be explained by racial diversity and/or interactions between genetic and environmental factors. It seems that this SNP is rarely impressive in the Iranian population. However, further studies with larger sample sizes are required to confirm it.

Although the population size of the current study was acceptable to find significant correlations between SNP rs2289276 and asthma, we could not demonstrate any associations for SNPrs2289278. This could be due to a relatively low sample size of our study for this SNP. This underlines the need for studies with a larger sample size on the Iranian population to investigate the potential associations of this SNP. Moreover, measuring serum levels of type II cytokines is complementary to the study which is suggested to be assessed in further studies. Lack of evidence on the functional role of rs2289276 and rs2289278 SNPs in gene expression, protein level, and protein activity, justifies the requirement to elucidate these effects in

future studies. Furthermore, investigating the association between *TSLP* polymorphisms and the patient's response to therapies in asthma and other inflammatory lung diseases in future studies could pave the way towards personalized medicine for the management of such diseases.

In conclusion, our study has shown a significant inverse association between rs2289276 SNP of the *TSLP* gene and the risk of asthma among the Iranian population. The protective phenotype of this SNP was more pronounced in the female population.

### **CONFLICT OF INTEREST**

The authors declare no conflicts of interest.

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