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# The Immunoregulatory Function of Indoleamine 2, 3 Dioxygenase and Its Application in Allotransplantation

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# ABSTRACT

Indolemine 2, 3-dioxygenase (IDO) is a cytosolic monomeric hemoprotein enzyme that catalyses tryptophan, the least available essential amino acid in the human body, to N-formylkynurenine, which in turn rapidly degrades to give kynurenine. IDO is expressed in different tissues, especially and prominently in some subsets of antigen presenting cells (APCs) of lymphoid organs and also in the placenta of human and other mammals. Expression of IDO by certain dendritic cells, monocytes and macrophages has a regulatory effect on T cells probably by providing a tryptophan-deficient microenvironment and/or accumulation of toxic metabolites of tryptophan. This immunomodulatory function of IDO plays an essential role in different physiological and pathological states. IDO was shown to prevent rejection of the fetus during pregnancy, possibly by inhibiting alloreactive T cells. Moreover, IDO expression in APCs was suggested to control autoreactive immune responses. In this review we discuss the molecular and biological characteristics of IDO and its function in immune system as well as the potential application of this enzyme in improving the outcome of allogeneic transplantation as a local immunosuppressive factor.

Key words: Allogeneic transplantation; Immunosuppression; Indoleamine 2, 3 dioxygenase; T-lymphocytes

#### INTRODUCTION

The immune system continuously modulates the balance between responsiveness to pathogens and tolerance to non-harmful antigens.

Corresponding Author: Aziz Ghahary, PhD;

Director, Burn and Wound Healing Research Lab, Rm 351, Jack Bell Research Centre,2660 Oak Street, Vancouver, BC, Canada, V6H 3Z6. Tel: (604) 875 4185, Fax: (604) 875 4212, Email: aghahary@interchange.ubc.ca The mechanisms that mediate tolerance are not well understood, but recent findings have implicated tryptophan catabolism through the kynurenine metabolic pathway as one of many mechanisms involved. Tryptophan is the least abundant of all essential amino acids in the human body and is required by all forms of life for protein synthesis and other important metabolic functions. In addition to being essential for protein synthesis in mammals, tryptophan is also the only source of substrate for the production of several very important molecules. The major catabolic route of tryptophan in mammals is the kynurenine pathway that can ultimately lead to the biosynthesis of nicotinamide adenine dinucleotide (NAD).<sup>1</sup> The initial and rate-limiting reaction of the kynurenine pathway is the oxidation of tryptophan to *N*-formyl-l-kynurenine, catalysed by hepatic tryptophan 2,3-dioxygenase (TDO, EC 1.13.11.11) or the ubiquitous, extra-hepatic, indoleamine 2,3-dioxygenase (IDO or INDO, EC 1.13.11.17)<sup>1</sup>. Of the dietary tryptophan that is not used in protein synthesis, 99% is metabolized by IDO.<sup>2</sup> IDO has recently been proposed to have profound immunoregulatory activity and the concept that cells expressing IDO can suppress T-cell responses and promote tolerance is a relatively new paradigm in immunology. Considerable evidence now supports this hypothesis, including studies of mammalian pregnancy, tumor resistance, chronic infections and autoimmune diseases. In this review we explain the molecular and biological characteristics of IDO and discuss its function in immune system as well as the potential use of this enzyme to improve the outcome of allogeneic transplantation as a local immunosuppressive factor.

# IDO STRUCTURE, EXPRESSION AND REGULATION

#### **IDO Structure and Biochemical Properties**

Mature IDO is a 42-45 kDa monomeric protein containing heme as its sole prosthetic group. The tertiary structure of recombinant human IDO was recently defined using X-ray crystallography.<sup>3</sup> Overall, IDO is folded into two distinct alpha-helical domains, one small and one large, with the heme prosthetic group positioned between them. Once synthesized, the IDO holoenzyme catalyzes the oxidative cleavage of the pyrrole ring of L-tryptophan to generate N-formylkynurenine which is metabolized to formic acid and the stable-end product, kynurenine. IDO has high affinity for L-tryptophan (Km~0.02 mM) and therefore can rapidly catabolize it to create a local tissue microenvironment devoid of this essential amino acid. From a biochemical standpoint, the structural analysis of IDO has addressed a gap in understanding of heme chemistry as it pertains to dioxygenase catalytic mechanisms, possibly contributing to the design of potent and specific small molecule inhibitors.<sup>1</sup>

# **IDO Expression Pattern in the Body**

IDO is expressed intracellularly in a constitutive or inducible manner in different cells and tissues. Other than in the male epididymis (the significance of which is unknown), IDO is constitutively expressed only in the lower gastrointestinal tract.<sup>4</sup> Interferon-gamma (IFN- $\gamma$ ) is a potent inducer of IDO expression in placenta,<sup>5</sup> macrophages,<sup>6</sup> dendritic cells,<sup>7</sup> cultured fibroblasts,<sup>8</sup> and many cancer cell lines.<sup>9</sup> IDO has been also detected in other cells which may be important to allergic inflammation including eosinophils<sup>10</sup>, endothelial cells<sup>11,12</sup>, and lung epithelial cells.<sup>13</sup>

## **Regulation of IDO Expression**

IDO in mice and humans is encoded by a single gene, termed Indo, with 10 exons spread over ~1.5 kbp of DNA located on the short arm of chromosome 8 (8p12-8p11)<sup>14</sup> and, as shown in murine and human dendritic cells (DCs), it was found to be co-regulated by a limited number of genes <sup>15</sup>. Gene transcription, in general, occurs in response to inflammatory mediators, most prominently IFN-y, or toll-like receptor (TLR) ligation (e.g. through lipopolysaccharide).<sup>16</sup> In fact IDO gene is regulated by a promoter that contains a single IFN- $\gamma$ -activated site specific for IFN- $\gamma$ , as well as two nonspecific IFN-stimulated response elements, which can respond to IFN- $\alpha$  and IFN- $\beta$  as well as IFN- $\gamma$ . Depending on the cell type being cultured, IFN- $\gamma$  has been described as being up to 100 times more potent at inducing IDO expression than IFN- $\alpha$  or IFN- $\beta$  8. In contrast, T helper 2 (Th2) cytokines such as IL-4 and IL-13 inhibit the expression of IDO.<sup>17,18</sup>

Intracellular signaling following ligation of IDO inducers occurs along the JAK-STAT pathway and nuclear factor  $\kappa$ B (NF $\kappa$ B)<sup>16,19</sup> to finally result in expression of the monomeric, cytosolic, 45 kDa IDO glycoprotein <sup>20</sup>. Furthermore, some of the IDO-dependent effects are initiated by CpG-rich oligodeoxynucleotides and rely on cell signaling through TLR9, <sup>21,22</sup> whose activation typically results in type I IFN release by plasmacytoid DCs.<sup>23</sup>

In the immune system, certain types or subsets of APCs seem to be preferentially disposed to express functional IDO when challenged with proinflammatory stimuli or exposed to signals from activated T cells. In mice, these "IDO-competent" APCs include a subset of plasmacytoid DCs,<sup>24</sup> CD8 $\alpha^+$  splenic DCs (or a subset thereof),<sup>15,25</sup> and doubtless other subsets of DCs and macrophages as well.<sup>26</sup> On the other hand, even in

APCs that are IDO competent, the actual presence or absence of functional IDO enzymatic activity is tightly regulated by specific maturation and activation signals.<sup>27-29</sup> Conceptually, this ability to upregulate or downregulate IDO in response to external stimuli seems logical, given the need for APCs to sometimes present antigens in an activating fashion and sometimes in a tolerating fashion, depending on the context.<sup>30</sup>

## THE IMMUNOMODULATORY FUNCTION OF IDO

IDO has recently emerged as an important immunomodulator of T cell function and inducer of tolerance. Expression of IDO plays critical roles in regulation of T cell-mediated immune responses. IDOdependent T cell suppression by dendritic cells suggests that biochemical changes due to tryptophan catabolism have profound effects on T cell proliferation, differentiation, effector functions and viability.<sup>16</sup> The induced expression of IDO by dendritic cells may suppress T cell responses and promote tolerance either through direct effects on T cells (mediated by tryptophan depletion or tryptophan metabolites) or through effects of IDO on the dendritic cell. In addition to the potential role of IDO in promoting tolerance in pregnancy, transplantation, and autoimmunity, its role in modulating allergic responses has more recently been investigated, raising the possibility that IDO and its metabolites may be novel targets for immunomodulation in allergy and asthma.<sup>31</sup>

IDO has been implicated as a possible immunosuppressive effector mechanism of Regulatory T cells (Tregs). Grohmann et al.<sup>32</sup> showed that Tregs could trigger high levels of functional IDO expression in mouse DCs in vitro. This occurred through binding of CTLA4 on Tregs to B7-1 and B7-2 on DCs, which transduced a signal in the DCs that upregulated IDO protein expression and functional enzymatic activity.<sup>32,33</sup> A similar ability of CTLA4-B7-1 and/or B7-2 interactions to induce IDO has been shown in human monocyte-derived DCs <sup>15, 34</sup>. Therefore, IDO might function as a downstream mechanism through which CTLA4<sup>+</sup> Tregs mediate immunosuppression.<sup>35</sup>

One of the biologic functions of IDO seems to be a counter regulatory mechanism to suppress excessive immune activation. Such counter regulatory pathways are important in the immune system because uncontrolled immune responses can cause unacceptable damage to the host. At sites of inflammation, IDO expression is not limited to DCs and macrophages but can be found in epithelial cells,<sup>36,37</sup> eosinophils,<sup>10</sup> endothelial cells,<sup>12</sup> and possibly other cell types as well. Therefore, IDO is an important endogenous counterregulatory mechanism that helps protect the host.

# **IDO and Pregnancy**

According to immunological concepts, a fetus, due to parentally acquired genes encoding antigens foreign to mother's immune system, should not survive gestation. This fascinating paradox was first raised by the Nobel Laureate Sir Peter Medawar in 1953. Endogenous IDO has been implicated as one mechanism that helps maintain maternal tolerance towards the fetus as shown by the fact that mice treated early in pregnancy with 1-methyl-tryptophan (1MT), which is an inhibitor of IDO, underwent immune-mediated rejection of allogeneic concepti.<sup>38-40</sup> These findings suggest that IDO expressing trophoblastic cells provide an immunosuppressive barrier protecting semi-allogeneic fetus tissue from maternal T-cell immunity.

# Molecular Mechanisms of IDO-Mediated Immune Suppression

The molecular mechanism(s) by which IDO suppresses T cells are still being elucidated. It appears that some of the biological effects of IDO can be mediated via local depletion of tryptophan, whereas others are mediated via immunomodulatory tryptophan metabolites. As mentioned earlier, IDO initiates the degradation of tryptophan along the kynurenine pathway. IDO and the downstream enzymes in this pathway produce a series of immunosuppressive tryptophan metabolites (Figure 1). Some of these metabolites suppress T cell proliferation in vitro or cause T cell apoptosis, and some can affect NK cell function.<sup>41-44</sup> The molecular mechanism by which tryptophan metabolites exert their immunologic effects is not known, but at least one recent report has described a receptor able to bind a specific metabolite of tryptophan (kynurenic acid).<sup>45</sup> The biologic function of this orphan G protein-coupled receptor, GPR35, is unknown, but its expression was highest in cells of the immune system and the gut, the sites where IDO is known to be expressed.<sup>45</sup> Whether there are other such receptors for other tryptophan metabolites and what the biologic effects of such receptors might be in vivo are important questions that deserve further investigation.

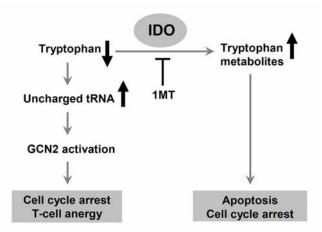


Figure 1. Molecular mechanisms of IDO- induced immunosuppression. IDO catalyzes the initial and ratelimiting step in the degradation of tryptophan along the kynurenine pathway. 1-methyl-tryptophan (1MT) can function as a specific inhibitor of IDO activity. Tryptophan metabolites have been shown to have immunomodulatory activity, alone or in combination with the GCN2 signaling pathway. IDO enzymatic activity results in the local depletion of tryptophan and a local increase in the concentration of downstream metabolites. The decrease in tryptophan can cause a rise in the level of uncharged transfer RNA (tRNA) in neighboring T cells, resulting in activation of the amino acid-sensitive GCN2 stress-kinase pathway. In turn, GCN2 signaling can cause cell cycle arrest and anergy induction in responding T cells. The local increase in tryptophan metabolites can cause cell cycle arrest and apoptosis.

In addition to the immunosuppressive effects of tryptophan metabolites, the cellular stress imposed by local depletion of tryptophan also mediate some of the immunosuppressive effects of IDO (Figure 1).

This was first suggested by an observation that some effects of IDO on T cells are reversed by the addition of excess tryptophan *in vitro*.<sup>24, 46, 47</sup> Recently, the stress-responsive kinase general control nonderepressible 2 (GCN2) has been identified as a signaling molecule that enables T cells to sense and respond to stress conditions created by IDO<sup>48,49</sup> which will be discussed in more detail in the following section.

# GCN2 Pathway as a Potential Downstream Mechanism for IDO Function

As mentioned earlier, one possible mechanism for immunoregulatory effect of IDO is through depleting the essential amino acid tryptophan in the microenvironment to the level that T cells are unable to proliferate<sup>16</sup> so IDO might affect pathways known to

respond to amino acid metabolism. There are two amino-acid-responsive signal-transduction known pathways through which T cells might sense decreased levels of free tryptophan. One of these pathways is the essential amino acid deficiency antagonizing signaling through the mammalian target of rapamycin mTOR kinase pathway.<sup>16,50,51</sup> mTOR signalling is required for normal initiation of ribosomal translation. This pathway is important for growth-factor signaling, and T cells are particularly sensitive to inhibitors of mTOR, such as the immunosuppressant drug rapamycin.<sup>52,53</sup> However, it has been found that inhibitors of mTOR such as rapamycin did not recapitulate the profound seen with proliferative arrest IDO-mediated suppression.<sup>54</sup> In yeast, there exists a second amino acid-sensitive pathway that is mediated by the kinase GCN2.55 GCN2 contains a regulatory domain that binds the uncharged form of transfer RNA (tRNA). Amino acid insufficiency causes a rise in uncharged tRNA, which activates the GCN2 kinase domain and initiates downstream signaling.<sup>56</sup> Recently, the mammalian homolog of GCN2 has been identified and shown to have similar signaling properties.<sup>57,58</sup> GCN2 is one of a family of four related kinases (GCN2, PERK, HRI, and PKR), which share as their only known substrate the alpha subunit of translation eukaryotic Initiation Factor 2 (eIF2a). Indeed, GCN2 was originally identified as a regulator of translation control in response to starvation for one of many different amino acids.<sup>59</sup> Uncharged tRNA that accumulates during amino-acid depletion binds to a GCN2 regulatory domain homologous to histidyltRNA synthetase enzyme, triggering eIF2 $\alpha$  kinase activity.<sup>58</sup> The activation of eIF2 $\alpha$  kinase can provide a signal transduction pathway linking eukaryotic cellular stress in response to alterations in the control of gene expression at the translational level.<sup>60,61</sup> Therefore, GCN2 participates in nutritional stress management that guides food selection for survival. Animals faced with a diet lacking in essential amino acids quickly reject the imbalanced food and forage for complete or complementary sources of protein.<sup>62,63</sup> Activation of GCN2 kinase pathway, which has been termed the integrated stress response (ISR), can trigger cell-cycle arrest, differentiation, compensatory adaptation, or apoptosis, depending on the cell type and the initiating stress.<sup>64-67</sup> It has been found that expression of IDO by APCs activates the GCN2 kinase pathway in responding T cells, generating an intracellular signal that mediates key biologic effects of IDO. Specifically, it has been shown GCN2 is required for CD8<sup>+</sup> T cells to sense and respond to conditions created by IDO. T cells lacking GCN2 proliferated normally in the presence of IDO<sup>+</sup> APCs both *in vitro* and *in vivo* and were not susceptible to IDO-induced anergy.<sup>48</sup>

Exactly how IDO creates the stress that activates GCN2 in T cells is not yet known. In the published literature, the only well-characterized and proven stimulus for GCN2 activation is a rise in uncharged tRNA, as would occur if IDO depleted the T cells of tryptophan. The fact that IDO-mediated suppression was reversed by addition of 10 times tryptophan might also be consistent with a mechanism of tryptophan depletion. However, we cannot exclude the alternative possibility that a downstream metabolite produced by IDO might interfere with the acylation reaction by which tryptophan is ligated to its tRNA. Although speculative, such an inhibitory metabolite would also cause a rise in uncharged tRNA<sup>TRP</sup> (by inhibiting the charging reaction), and its effect might be overcome by high tryptophan concentration. Finally, our focus on the role of GCN2 in T cells does not mean that T cells are the only possible sites of action for GCN2. GCN2 is widely expressed, and other cell types (including the APC itself) might respond to IDO via their own endogenous GCN2 pathway. It has been shown that IDO can mediate potent cell-autonomous effects (i.e., effects that modify the biology of the IDO-expressing cell).68-70 Thus, the IDO/GCN2 pathway might influence the biology of the APC itself, and perhaps even other bystander cells as well.

In brief, studies thus identify GCN2 as a downstream mediator for several key effects of IDO. This constitutes the first elucidation of a specific molecular target for the immunoregulatory action of IDO in T cells.

#### **IDO, Self Tolerance and Autoimmune Conditions**

IDO also regulates the severity of a variety of experimental autoimmune disorders.<sup>71-74</sup> In autoimmunity, apoptosis of potentially autoreactive lymphocytes by IDO-expressing DCs activated by IFN- $\gamma$  could represent a crucial means of maintaining peripheral tolerance.<sup>2</sup> According to the model suggested by Grohmann *et al*,<sup>72</sup> IFN- $\gamma$  acts on tolerogenic DCs to activate the expression of IDO which leads to the induction of immunosuppressive

tryptophan catabolism and to the onset of specific self tolerance.

Furthermore, Gurtner et al.<sup>71</sup> showed that IDO plays an important role in the down-regulation of Th1 responses within the gastrointestinal tract and may play a similar role in human inflammatory bowel disease. Consistent with a role for IDO in immune regulation in gut and lung, in settings where self tolerance has already been disrupted (for example, autoimmune disorders), pharmacologic inhibition of IDO causes marked exacerbation of inflammation and worsened symptoms of disease, as shown in models as diverse as inflammatory bowel disease,<sup>71</sup> experimental allergic asthma<sup>13</sup> experimental and autoimmune encephalomyelitis (EAE).74 Thus, IDO might play a physiological role in regulating immune responses against self antigens.

## The Role of IDO in Host Defence against Infection

IDO forms part of the innate host defense against certain infections. Although most microorganisms can synthesize their own tryptophan, some depend on exogenous tryptophan (auxotrophs). Such organisms are sensitive to the tryptophan-depleting activity of IDO. Examples include Chlamydia pneumoniae, Toxoplasma gondii and certain bacteria, such as group B streptococci and mycobacteria.<sup>6,75,76</sup> These are pathogens that are either intracellular or live in intimate association with a host cell, and induction of IDO expression by the host cell inhibits pathogen replication in vitro. Similarly, during viral infection, IDO inhibits the replication of cytomegalovirus and herpes simplex virus in vitro.<sup>77</sup> In all of these examples, the effect of IDO was found to be specifically due to its ability to deplete tryptophan, because adding supra-physiological levels of exogenous tryptophan restored pathogen or viral replication.

Although IDO has an effect on pathogen replication in vitro, however, the biological relevance of IDO in controlling infections in vivo remains unclear. IFN- $\gamma$ deficient mice, which fail to induce IDO during infection, are less able to control *C. pneumoniae* and *T. gondii* infection in vivo;<sup>78</sup> however, it is unknown whether this is due specifically to the lack of IDO expression or to one of the many other effects of IFN- $\gamma$ . Further studies are therefore required to address the specific contribution of IDO to host defense against infection. This question is particularly relevant, given that one (highly undesirable) consequence of inducing IDO expression by the innate system might be the suppression of T cell responses by the adaptive system.<sup>79</sup>

One may speculate that slowing pathogen replication by IDO *in vitro* does not necessarily mean that it would be a useful host defense *in vivo* (particularly in the case of chronic, slow-growing infections such as those described). So, like the T helper 2 -cell bias in chronic leishmaniasis,<sup>80</sup> it is possible that IDO could benefit the pathogen more than the host. However, in general the current body of knowledge surrounding the relation between IDO and infectious diseases is in the favor of the fact that IDO induction should be regarded as an important mechanism of antimicrobial resistance to intracellular organisms, such as parasites and bacteria.

# IDO AND ITS POTENTIAL ROLE IN TRANSPLAN-TATION IMMUNOLOGY AND TOLERANCE

After allogeneic cell transplantation a state of immune activation, driven by recognition of major or minor histocompatibility antigens, invariably will emerge in the recipient, even in HLA-matched donors. In addition, some immune activation will result from tissue damage in the recipient caused by surgery or, in hematopoietic stem cell transplantation, by the conditioning regimens. This state of immune activation will include the secretion of pro-inflammatory cytokines including IFN-y by APCs or activated T cells. Because of the intimate association of IFN- $\gamma$  and induction of IDO, it appears sound to assume that IDO by its immunoregulatory effects may actively participate in down-regulating allogeneic immune responses in transplantation<sup>81</sup>. In fact it has been recently suggested that cells expressing IDO might contribute to the underlying mechanism of donorspecific tolerance without the use of immunosuppressive drugs. Several experiments, mostly carried out in vitro, corroborated the evidence that IDO activity possesses the potential to down-regulate alloresponses.<sup>7,82</sup> In an *in vivo* study, recipient mice exposed to 1-methyl-tryptophan (1MT), a specific inhibitor of IDO activity, rejected the murine liver allografts at the time of engraftment.<sup>83</sup> Further evidence on immunoprotective role of IDO in cell and tissue allografts comes from a study using adenoviral transfection to increase IDO expression in donor islet cells. The study reported prolonged survival of transplanted allogeneic pancreatic islet cells.84

Our recently published data provide compelling evidence in supporting our working hypothesis that the expression of IDO in bystander fibroblasts through either IDO genetic modification or IFN- $\gamma$  treatment suppresses immune cell proliferation.<sup>61,85-88</sup> In our most recent study, we have been able to show that bystander IDO-expressing syngeneic fibroblasts have the ability to suppress the allogeneic lymphocytes proliferation which normally occurs in response to allogeneic pancreatic islets.<sup>85</sup>

This hypothesis has been substantiated by the fact that co-culturing IDO genetically modified fibroblasts with different types of immune cells, significantly increased the number of damaged bystander human peripheral blood mononuclear cells (PBMC), CD4<sup>+</sup> T cells, Jurkat cells, THP-1 monocytes, as well as CD8<sup>+</sup> and B cell-enriched lymphocytes, relative to those of controls (Figure 2).

This bystander effect proved to be due to IDO induction of a tryptophan deficient cell culture environment. In addition, the finding of this study further demonstrated that, by an unknown mechanism, only immune, but not primary skin cells are sensitive to IDO induced low tryptophan environments.<sup>88</sup> This selective effect of IDO may be due to different tryptophan metabolism pathways in immune versus non immune cells.

Incorporation of tryptophan into protein is initiated by tryptophanyl-transfer RNA synthetase (WRS).WRS is the only aminoacyl synthetase that responds to inflammatory mediators, such as IFN- $\gamma$ ,<sup>89</sup> and overexpression of WRS has been postulated to help cells that express IDO to compensate for the reduction in intracellular tryptophan.

It might therefore be important that T cell lines do not show induction of WRS expression in response to IFN- $\gamma$ .<sup>90</sup> In another study,<sup>68</sup> we have demonstrated a significant down-regulation of cell membrane associated MHC class I antigen in IDO genetically modified keratinocytes relative to that of either nontransfected or empty vector transfected cells. Further experiments showed that an addition of tryptophan or IDO inhibitor markedly restored the expression of MHC class I on IDO transfected keratinocytes (Figure 3). Thus, the findings of this study suggest for the first time that down-regulation of MHC class I expression by IDO might be one of the mechanisms through which IDO mediates local immunosuppression.

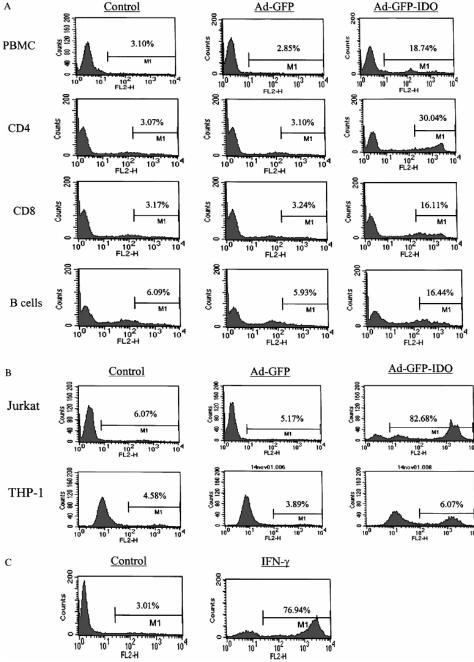


Figure 2. FACS analysis of Propidium Iodine positive bystander immune cells. (*A*) Non-viral-infected (control) and preinfected fibroblasts with either an empty vector (Ad-GFP) or IDO adenoviral vector (Ad-GFP-IDO) were co-cultured with either human PBMC, CD4+-, CD8+-, or B cell-enriched immune cells for 5 days, respectively. The immune cells were then harvested and stained with 10 µg per mL of PI for 10 min and analyzed by FACS. (*B*) Non-viral-infected (control) and preinfected fibroblasts with either an empty vector (Ad-GFP) or IDO adenoviral vector (Ad-GFP-IDO) were co-cultured with either CD4+ Jurkat cells or THP-1 monocytes for 3 days, respectively. The bystander immune cells were then harvested and stained with 10 µg per mL of PI for 10 min and analyzed by FACS. (*C*) CD4+ Jurkat cells were co-cultured with either nontreated fibroblasts or IFN-γ pre-treated fibroblasts for 4 days. Jurkat cells were then harvested and stained with 10 µg per mL of PI for 10 min and analyzed by FACS. FACS, fluorescence-activated cell sorting; PI, propidium iodide; GFP, green fluorescent protein; IDO, indoleamine 2,3-dioxygenase; PBMC, peripheral blood mononuclear cells; IFN, interferon. [Figure obtained from J Invest Dermatol 2004 Apr;122(4):953-64.]

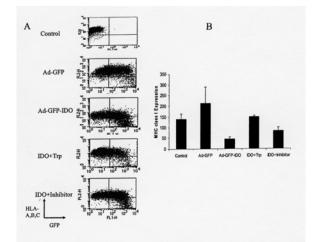


Figure 3. IDO down regulates class I MHC proteins in keratinocytes and addition of tryptophan and IDO inhibitor partially restored this downregulation. Keratinocytes were transfected with either Ad-GFP or Ad-GFP-IDO for 30 hours. Free viral particles were removed and the fresh medium with either 250 µM of tryptophan or 800 µM of 1-methyl-DL-tryptophan (IDO inhibitor) was added. Cells received vehicle were also included as negative control. Cells were harvested and stained with PE-conjugated anti-HLA-A, -B, -C at day 5 post transfection. MHC class I protein expression was determined by FACS. Panel A illustrates the results from two-color (PE and GFP) channel analysis; whereas panel B depicts the quantitative analysis of HLA expressing levels determined from the PE fluorescence intensity. Data presented here are one representative of triplicate experiments (panel A). Data of panel B are means ± standard deviation, from three separate experiments. Abbreviations: Ad-GFP = adenoviral vector carry GFP; Ad-GFP-IDO = adenoviral vector carrying GFP and IDO; **GFP** = green fluorescent protein; HLA= human leukocyte antigen; IDO=indoleamine 2,3-dioxygenase; MHC=major histocompatibility complex [Figure obtained from Hum Immunol 2004 Feb;65(2):114-23.]

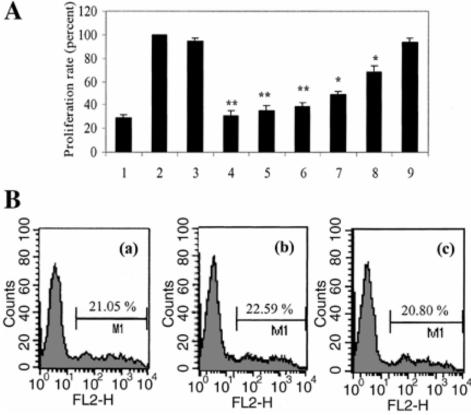
In another series of studies by Sarkhosh et al,.  $^{86,87,91}$  we provided compelling evidence that IFN- $\gamma$  induced IDO expression suppresses the proliferation of immune cells co-cultured with IDO-expressing fibroblasts (Figure 4).

This finding was supported by the fact that addition of an IDO-inhibitor (1MT) reversed the suppressive effects of IDO on PBMC proliferation in a dosedependent fashion. As an alternative method to genetic modification, we have used a temperature-sensitive polymer, conjugated IFN- $\gamma$  as a slow release system in a skin substitute to further prolong the effect of IFN- $\gamma$  on IDO expression in skin cells. We, therefore, concluded that IDO-expressing allogeneic fibroblasts embedded within a collagen gel suppress the proliferation of allogeneic immune cells, while they still remain viable in this IDO-induced tryptophan-deficient environment.

In human immunology a potential relevance for IDO induction by reverse signaling from T cells to DCs was provided by Munn *et al.* <sup>28</sup> studying human monocyte-derived DCs *in vitro*. The authors described a CD11c+ CCR6+ CD123+ DC subset as particularly IDO competent DCs, i.e. they expressed IDO and efficiently metabolized tryptophan. Cross-linking of CD80 and CD86 molecules stabilized IDO expression in DCs in the absence of T cells and up-regulated IDO activity in a mixed lymphocyte reaction. These DCs were found to be able to suppress the proliferation of allogeneic T cells and suppression was reversed by addition of 1MT.

Overall, these data suggest a potentially dominant role of IDO governing allo-reactivity and propose a mechanistic pathway, in which IDO is induced by reverse signaling through costimulatory receptors. This concept is compatible with viewing IDO as a negative feedback mechanism in which activated T cells that express CTLA-4 interact with CD80/86 expressed by DCs. This interaction then induces IDO and finally results in suppression of T cell effector responses. Given, IDO does have a physiologic role in transplantation, the ultimate understanding of its role and effects will be challenging. Because of the multiple microenvironmental factors regulating its activity, one has to be aware that more of IDO does not necessarily mean more immunoregulatory activity in the direction of tolerance.

On the other hand it is this complexity that makes IDO a fascinating field of research. An ultimately better understanding of its complex role in regulating allogeneic immune responses will probably contribute to better understand the principle mechanisms of ups and downs in immunoregulation. The elaboration of conditions in which IDO-mediated immunoregulation is optimized towards the induction of antigen-specific tolerance will potentially open new windows of therapeutic opportunities.



Immunoregulatory Function of Indolemine 2, 3-dioxygenase

Figure 4. The proliferation of PBMC cocultured with IDO-expressing dermal fibroblasts was suppressed. Fibroblasts were treated with 2,000 U of IFN-y for 48 h. To eliminate the effects of IFN-y, after this period, conditioned medium was replaced with fresh medium with no IFN-y. IFN-y treated or untreated fibroblasts were then cocultured with isolated human PBMC for a period of 5 days. <sup>3</sup>H-thymidime was then added to each coculture sample at a final concentration of 2 μCi/mL and 16 h later, the floating PBMC were harvested, washed twice with PBS, and their radioactive count was measured. In panel A, PBMC were cultured either alone (lane 1), with non-IDO-expressing fibroblasts (lane 2), with non-IDO-expressing cells plus 200 µM of IDO inhibitor (1-methyl-d-tryptophan) (lane 3), or with IDO-expressing fibroblasts in the absence of IDO inhibitor (lane 4), or in presence of various concentrations of IDO inhibitor at final concentrations of 50, 100, 200, 400, or 800  $\mu$ M (lanes 5-9). Data represents the mean  $\pm$  SD for three separate experiments. The asterisks (\*, \*\*P < 0.05 and <0.001, respectively) denote a significant difference in proliferation of PMBC in control samples (cocultured with non-IDOexpressing fibroblasts) and those either cocultured with IDO-expressing fibroblasts (lane 2 vs. 4) or IDO-expressing cells in the presence of various concentration of IDO inhibitor (lane 2 vs. 5, 6, 7, and 8). PBMC proliferation was restored at 800 µM concentration of 1-methyl tryptophan (lane 9), where no significant difference was observed in rate of cocultured PBMC proliferation between control and IDO producing fibroblasts (lane 2 vs. 9). Panel B: To evaluate the viability of PBMC, cells were stained with PI and the number of positive PBMC was measured in the samples cultured either alone (a), cocultured with no IDO-expressing fibroblasts (b), or cocultured with IDO-expressing fibroblasts (c) for 5 days. [Figure obtained from J Cell Biochem. 2003 Sep 1;90(1):206-17]

#### CONCLUSION

There is convincing evidence that tryptophan metabolism through IDO dependent pathway plays an important role in immunomodulation in physiologic, paraphysiologic, and pathologic states in mammals. There are several reports that cells expressing IDO can suppress T cell responses and promote tolerance. Furthermore, differential sensitivity observed between immune and primary cells to an IDO-generated tryptophan-deficient environment can be exploited in development of allogeneic grafts such as a nonrejectable allogeneic skin substitute or wound coverage. The local immunosuppressive properties of IDO can have significant role in the development of a local immunosuppressive barrier for grafted cells and tissues without any severe effect on host's immune system.

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